



## **Course Schedule**

March 19, 2024 - June 4, 2024

All times are in Eastern / New York time

Week 1			
Module 1 - Feeling: How Emotions are Constructed	Mar 19, 2024	10:30 am ET	120 minutes
Week 2			
Module 2 - Feeling: The Emotions and Prediction Cycle	Mar 26, 2024	10:30 am ET	120 minutes
Week 3			
Self-Study Week	Week of Mar 1st	n/a	n/a
Week 4			
Q&A Session	Apr 9, 2024	10:30 am ET	90 minutes
Week 5			
Module 3 - Changing: Addressing the Will and the Way	Apr 16, 2024	10:30 am ET	120 minutes
Week 6			



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Week 7			
Self-Study Week	Week of Apr 29th	n/a	n/a
Week 8			
Q&A Session	May 7, 2024	10:30 am ET	90 minutes
Week 9			
Module 5 - Healing: The Role of Coaching in Healing	May 14, 2024	10:30 am ET	120 minutes
Week 10			
Module 6 - Healing: Integrating the Three Areas	May 21, 2024	10:30 am ET	120 minutes
Week 11			
Self-Study Week	Week of May 27th	n/a	n/a
Week 12			
Q&A Session	Jun 4, 2024	10:30 am ET	90 minutes